

Touro University California Health Requirements

Matriculation Requirements

As an incoming student, you are required to complete and provide documentation of the following health requirements **prior** to matriculation. Instructions on submitting this information can be found here [Castlebranch https://portal.castlebranch.com/TL79](https://portal.castlebranch.com/TL79) . Once you have a Touro student email address, you will need to update your contact email with Castlebranch so that you continue to receive notifications when new health requirements are due.

Please note that if you submit a photo of your documentation, it must be of high quality and easy to read (e.g., good lighting, no shadows, a solid color background, etc.), and converted to a PDF prior to submission. Please contact Student Health if you need guidance.

1. Quantitative antibody titer for each of the following:

- A. Measles (Rubeola)
- B. Mumps
- C. Rubella
- D. Varicella (Chicken Pox)
- E. Hepatitis B- you must also upload documentation of the 2 or 3 dose series for Hep B

Please submit documentation of a **quantitative** antibody titer completed within 5 years of matriculation for each of the above (lab report or physician verification required). Please note that qualitative antibody titers are not sufficient, so be sure to ask specifically for quantitative titers.

This section only applies to you if one or more of your titers comes back negative or equivocal

If you have a negative or equivocal titer, a new alert will be created for you to take additional actions:

- Measles, Mumps, Rubella and/or Varicella- If your titer comes back negative or equivocal for any of these, please upload documentation of the 2 dose vaccine series you received. You do not need to repeat the vaccine series, unless you cannot provide documentation of the previous 2-dose series administered at least 4 weeks apart. You do not need a repeat titer.
- Hepatitis B- Repeat the 2 or 3 dose vaccine series and repeat the Hepatitis B titer 4-8 weeks after the last dose.
 - If you are a non-responder (negative titer after 2 series of vaccines), please see your medical provider to rule out hep B infection and get documentation of your non-responder status.

2. Tuberculosis (TB)

- A. If you have never had a positive TB test, submit documentation of the following:
 - Form C – TB Risk Assessment and Symptom Survey AND
 - Documentation of an Interferon Gamma Release Assay (IGRA) blood test (preferred and required if you have had a BCG vaccine in the past) or 2 step PPD

within 6 weeks of matriculation. If you opt for a 2 step PPD, 2 PPDs must be placed 7-21 days apart. Each of the 2 PPDs must be read 48-72 hours after placement and be documented in mm of induration on Form D.

B. If the above TB test was positive:

- Low Risk for TB (see completed Form C): A second TB test is indicated. If the initial test was an IGRA that was positive, a PPD is now indicated. If the PPD was initially positive, an IGRA is now indicated. If this repeat test is negative, you should consider your test result to be negative.
- For all other scenarios, you are considered positive, no additional TB testing should be done, and you should complete requirements listed in '2C' below.

C. If you have a documented history of a positive TB test (or if the above TB testing is positive), submit ALL of the following using Forms C & D. Please note that if you have a history of a positive TB test but you have no medical documentation, you should follow the requirements listed above for students with no history of a positive test.

- Documentation of the past positive test AND
- Clear chest x-ray report completed after the positive test AND
- Form C signed by a medical provider AND
- Documentation from a medical provider that treatment was received or declined/contraindicated. Please note, treatment for Latent TB is encouraged unless medically contraindicated.

3. Tetanus, Diphtheria, & Pertussis (Tdap)

Submit documentation of a Tdap booster administered within the last 10 years.

4. COVID Vaccine Requirement

- A. If you have received a previous dose of COVID vaccine, submit documentation of 1 dose of the updated (2023-2024) vaccine (Moderna, Pfizer, Novovax).
- B. If you have never received a COVID vaccine, 1 dose of updated (2023-2024) vaccine (Moderna or Pfizer) or 2 doses updated Novovax.

5. **Physical Exam and Health History-** To be completed by a medical provider using Form B within 12 months of matriculation.

6. Forms

Complete the following forms and submit to Castlebranch:

- **Form A: Student Information**
- **Form B: Physical Examination & Health History**
- **Form C: TB Risk Assessment and Symptom Survey**
- **Form D: PPD** (only if you are completing a PPD for your TB requirement; this form is not required for the IGRA test)
- **Form F: Consent for Student Health to maintain health information and release of Information to Clinical Rotations**

Continuing Student Requirements

1. Influenza vaccine- due by October 15 of each year

Please submit documentation of a flu vaccine administered during the Fall each year that you are a TUC student. Documentation must indicate that the vaccine you received is from the current flu season. You will not be able to get this vaccine until after you have matriculated, as it is first available in September.

2. Updated physical exam- May be required prior to starting rotations depending on your program.

3. Tuberculosis (TB)- Renewal of screening may be required prior to rotations depending on your program.

4. COVID- Based on CDC recommendations, additional vaccination and/or testing requirements may be added.

5. Tetanus, Diphtheria, & Pertussis (Tdap)

You must remain current with either Tdap or Td within the last 10 years during your enrollment at TUC.

6. Other- Additional requirements may be added during the second year of the program depending on program requirements.

*Please note that a 'medical provider' is considered a PA, NP, DO, or MD.