

ASSISTING STUDENTS OF CONCERN



TUC faculty and staff are in a unique position to demonstrate compassion for TUC students in distress. Students may feel alone, isolated, and even hopeless when faced with academic and life challenges. These feelings can impact academic performance and may lead to difficulties coping and other serious consequences.



SEE SOMETHING

You may be the first person to **SEE SOMETHING** concerning from a student since you have frequent and prolonged contact with them. Trust your sense that something feels off and allow yourself to pay attention to your concern.



SAY SOMETHING

Students exhibiting troubling or concerning behaviors in your presence are likely having difficulties in various settings including the classroom, with roommates, with family, and even in social settings.

Trust your instincts and **SAY SOMETHING** if a student leaves you feeling worried, alarmed, or threatened.



DO SOMETHING

Sometimes students cannot or will not turn to family or friends. **DO SOMETHING**. Your expression of concern may be a critical factor in saving a student's academic career or possibly their life.

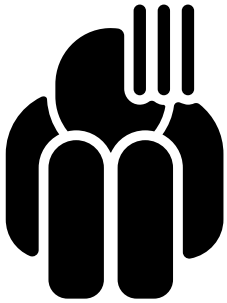
The purpose of this folder is to help you recognize symptoms of student distress and identify appropriate referrals to campus resources.

STUDENT CARE TEAM

The Student CARE (Creating Awareness, Responsibility, and Engagement) team at Touro University California (TUC) is a resource for students who may be struggling with mental health or other challenges. They offer support, guidance, and connections to appropriate resources for students in need.

If you are concerned about a student, the Student CARE team is available to help. You can reach the CARE Team through the following methods:

- **Email:** tuc.careteam@touro.edu
- **Care Team Report Form:** <https://tu.edu/student-affairs/student-care/>



HIGH RISK STUDENT (Threat to harm themselves or others)



Potential behaviors you may encounter:

- Making threats of suicide or self-harm.
- Making threats of harm to others or the campus community.
- Appears disconnected from reality.
- Bizarre or erratic behavior or communication.
- You feel uncomfortable or unsafe with this student.
- Student has received threats from another person.

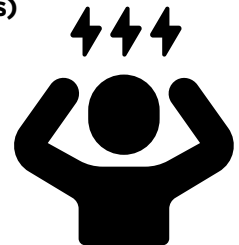
GET IMMEDIATE HELP: If you are concerned about your own or others' safety due to a student's high risk_ and/or distressed behavior, call 911 and/or campus security 707-638-5804.

REPORT INCIDENT TO: Campus Security, Program Director, CARE Team, and Dean of your college

DISRUPTIVE STUDENT (Where there is no threat to harm themselves or others)

Potential behaviors you may encounter:

- Challenging faculty or other students
- Attention seeking behavior
- Confrontational and/or Argumentative
- Monopolizing class or lecture time



If there is no immediate threat:

- Use a calm, non-confrontational approach to defuse/de-escalate the situation.
- Set limits by explaining what changes you are asking the student to make.
- Offer support from Student Counseling/OASIS.
- If the disruptive behavior persists, notify the student that disciplinary action may be taken and ask the student to leave. Inform the student that refusal to leave may be a separate violation that is subject to discipline.

REPORT INCIDENT TO: Program Director, CARE Team, Dean of your college.



DISTRESSED STUDENT

Potential behaviors you may encounter:

- Overtly Anxious
- Sad
- Withdrawn
- Confused/Overwhelmed
- Lack of motivation and/or ability to concentrate

Assure the student that there is help and support available, and you can direct them to the following resources. Encourage them that with some help, most students see a lot of improvement.

Give Student Resources: Student Counseling Services, Oasis, Faculty Mentor, encourage them to reach out to their support system as well.

SUPPORT and CONTACT INFORMATION

Police Emergency	911	Student Health Services	707-638-5220
TUC Campus Security	707-638-5804	24/7 Phone Counseling for students	707-638-5292 X3
Student CARE Team	tuc.careteam@touro.edu	Compliance	707-638-5459
OASIS (Office of Academic Services and Institutional Support)	707-638-5957	Human Resources	707-638-5807
Student Counseling Services	707-638-5292	National Suicide Prevention Lifeline	988
Campus Rabbi (Pastoral Counseling)	707-638-5507	Vallejo Police (non-emergency)	707-648-1131