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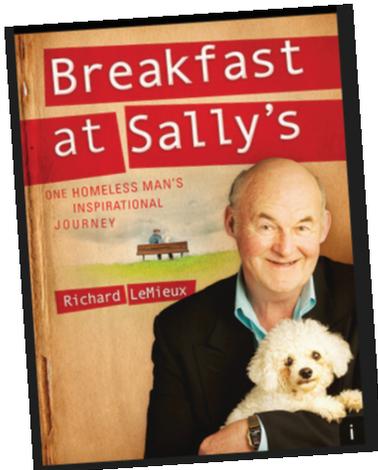
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## Understanding Homelessness

Presented by Touro University California  
College of Education and Health Sciences

Thursday November 10th, 2016

6:30-8 pm at Lander Auditorium, Touro University, Vallejo

(VALLEJO, CA—October 11, 2016) Richard LeMieux, author of *Breakfast at Sally's: One Homeless Man's Inspirational Journey*, will be presenting at Touro University California on Thursday, November 10, 2016. LeMieux will discuss his experiences being homeless and his efforts to assist others who are homeless. The presentation is free and open to the community and will take place from 6:30-8 pm at Touro University Lander Auditorium, 1557 Azuar Drive, Mare Island, Vallejo, CA 94592. A reception and book signing will follow the event. We will also have many local organizations present who work with the homeless in the Bay Area.

Richard LeMieux once had it all — a happy marriage, a beautiful home, cars, boats, and vacation extravaganzas. But within a moment's notice, he lost it all. He was penniless, estranged from his family and friends, and living out of a van with his canine companion, Willow. And for a while, the Salvation Army (a.k.a. Sally's) provided his only meals. It was just a matter of time before LeMieux was diagnosed with depression at a mental hospital after attempting suicide. In *Breakfast at Sally's*, LeMieux brings to life his experiences of being homeless, and presents his odyssey with quirky, diverse, and endearing characters that encompass the homeless people of Bremerton, Washington. Composed on a secondhand manual typewriter at various locations, LeMieux provides a rare and intimate look at how the other America lives. He shows how one man, beaten down and alone, is able to reconnect, find good people, and ultimately with their help, persevere.

This event is sponsored by NorthBay Healthcare, Recology, and Shelley Berkley and is part of the ongoing social justice series presented by Touro's Master's of Public Health program.

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### About the Touro College and University System:

Touro University California is a Jewish nonprofit, independent graduate institution of higher learning founded in 1997 on three Judaic values: social justice, the pursuit of knowledge and service to humanity. The university, home to 1,400 students, has professional programs in osteopathic medicine, pharmacy, physician assistant studies, public health, nursing, and education. Faculty, staff and students have a powerful commitment to academic excellence, evidence-based professional practice, inter-professional collaboration, and active engagement with a global community. To learn more, visit [www.tu.edu](http://www.tu.edu) or call 707-638-5200.